## The Heart Essence of the Dakinis



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Choza Bönmo



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Saturday, July 2 & Sunday, July 3, 2016 Each day from 10:00 am to 4:30 pm Los Angeles

The Bönpo teachings are deep like the ocean, particularly Dzogchen teachings. Many students of Bön are familiar with Dzogchen teachings from male lineage holders and may not be aware of the many female Dzogchen practitioners who have achieved enlightenment. These female enlightened beings are known as Dakini or Khandro. The Dakinis are real-life, female practitioners who have achieved realization of the nature of mind through Dzogchen practice here on earth. Dakini or Khandro lineage teachings are rarely taught in the west.

Therefore, Chaphur Rinpoche will offer instruction on the Heart Essence of the Thirty Signs and Meanings of the Female Lineage, The Mogyud, from the Cycle of Essential Instructions of the Male and Female Lineages from the Bönpo Dzogchen teachings.

During this teaching, Rinpoche will give specific instructions on how the Dakinis or Khandros practiced and achieved realization of the nature of mind. Rinpoche will teach individual Dzogchen view, meditation, conduct and result (fruit). In addition, Rinpoche will also give instructions on the heart essence of the Khandro Dzogchen lineage practices and realization songs, originating all the way back to Gyalwa Kuntu Zangpo.



HAPHUR RINPOCHE is the founder and spiritual director of Gyalshen Institute, an organization dedicated to the preservation and revival of the Zhang Zhung and Tibetan culture and traditions. He travels extensively providing teachings on Bön spiritual practices and has many on-going projects involving the preservation, translation, public presentation, and scholarly assessment of sacred Bön texts. Born in Amdo Ngaba in Eastern Tibet, he is from the Chaphur lineage, one of the oldest and most important lama family lineages within Tibet, and one of six principal high lama lineages within the Amdo region affiliated with Nangzhig Monastery.

At age 16, under perilous conditions, he left Tibet and traveled many days on foot through Tibet, Nepal and India in order to study at the Bön Dialectical School at Menri Monastery, the principal monastery for the Bön tradition in exile located in Dolanji, India. In 2006, the Tibetan Library of Dharamsala awarded him the certificate of Monk Science Scholar for his successful study of Western Sciences and Tibetan Cosmology in Southern India. In 2008, after fifteen years of study, he received his Geshe degree from Menri Monastery. He is also a master calligrapher having learned the art of calligraphy from H.E. Bön Gya Rinpoche at Böngya Monastery in Amdo.

For more: WWW.GYALSHEN.ORG, INFO@GYALSHEN.ORG

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EVENT LOCATION:
1977 N. New Hampshire Ave.
Los Angeles, CA 90027
Corner of Finley & New Hampshire,
one block west of N. Vermont Ave.
http://g.co/maps/dhwfm

Contact Information: Dika Ryan (323) 350-4927 dikaryan@sbcglobal.net

Please bring your own cushions; some chairs will be available. Kindly register soon as seating is limited.

Don't let finances be an obstacle - work study is available.

Make checks payable to Khyungdzong Wodsel Ling and mail to:

Dika Ryan 1977 N. New Hampshire Ave. Los Angeles, CA 90027-1818



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